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NOREC EXCHANGE PROJECTS IN MALAWI

An overview over Norec partners, participants and exchange projects

Updated September 2023





The Norwegian Agency for Exchange Cooperation (Norec) is Norway’s only competence centre for international exchange. As an executive body under the Norwegian Ministry of Foreign Affairs, we are a key part of Norway’s integrated approach to achieving the UN’s sustainable development goals.

For over 60 years, Norec has helped organisations, institutions, and companies to grow and develop by using the most important resource they have: people. With a grant from Norec, workplaces send employees on exchange to another country.

Norec also coordinates recruitment of Norwegian citizens to positions funded by the Norwegian government at the UN and the World Bank. This includes positions as Junior Professional Officers and United Nations Volunteers.

Content

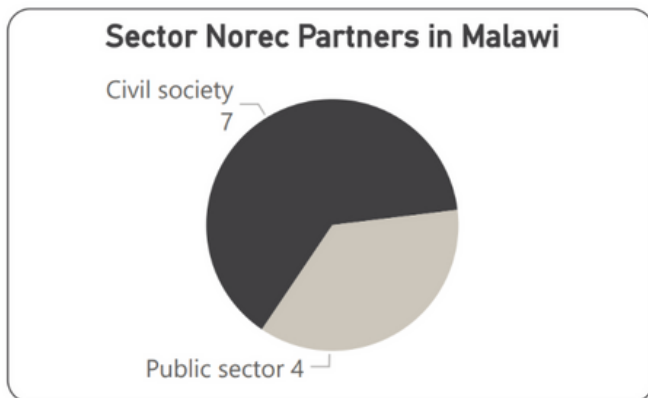
The aim of this booklet is to give you a thorough, yet concise, overview over Norec support and grants, and our partners, participants and projects in the country. Therefore we have included information in the following order:

-  Norec support to partners in the country
-  Contact information for Norec partners
-  Norec participants from and in the country
-  Norec exchange projects in the country



Brazil

Norec support to partners in Malawi

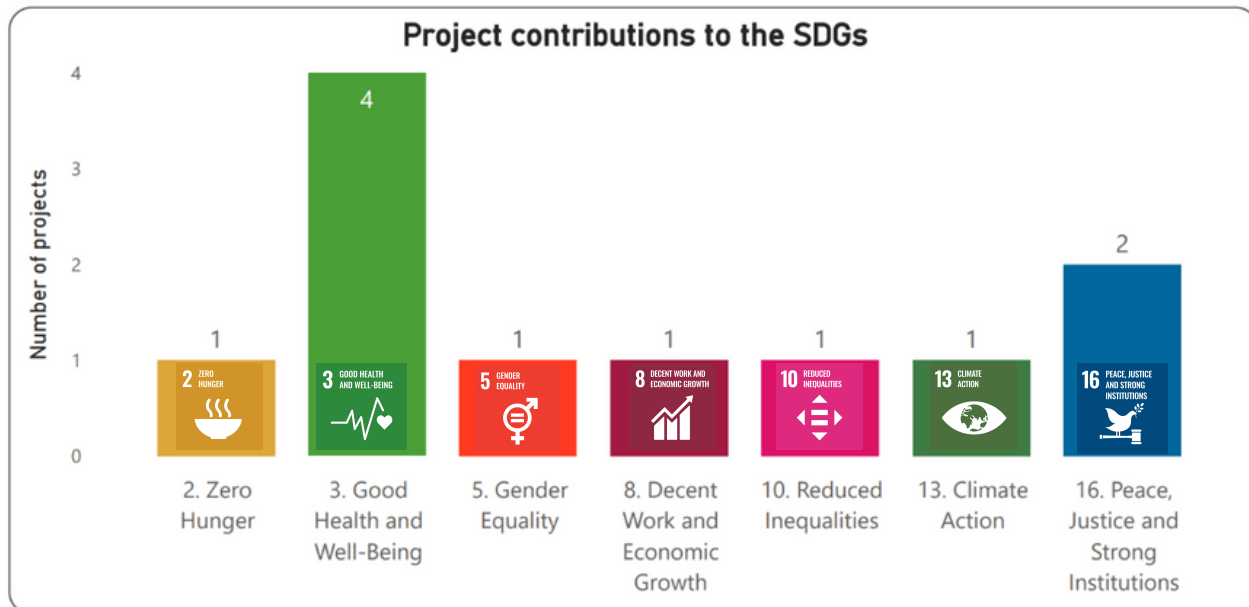


Partner Countries Norec Projects

Country	Partners
Norway	6
Zambia	6
Uganda	4
Zimbabwe	3
Kenya	2
Madagascar	2
Tanzania	2
Bangladesh	1
Brazil	1
Burundi	1
Ghana	1
Mozambique	1
Nepal	1
Rwanda	1

Norec Grants to Partnerships with Malawi (USD 2022)

\$1,55M



Norec partners in Malawi

Partner	City	Primary Contact	Email	Start Year	End year
Centre for Youth Empowerment and Civic Education (CYECE)	Lilongwe	Lucky Mbewe	Crown76.lucky@gmail.com	2022	2025
Chance for Change	Lilongwe	Grace Tionge Waluza	andy@chanceforchange.org.uk	2022	2025
Kamuzu Central Hospital	Lilongwe	Sifo Nyasulu	tkmhango@yahoo.com	2022	2025
Life Concern Organization	Rumphi	Peter Gondwe	lifeconcernorg@gmail.com	2022	2025
Malawi Girl Guides Association (MAGA)	Lilongwe	Alinafe Mahimanya	girlguidesmalawi@gmail.com	2021	2026
Malawi National Council of Sports	Blantyre	H Mereka	rtulombolombo@yahoo.com	2022	2025
Music Crossroads Malawi	Lilongwe	Mathews Mfuné	mcmalawi@music-crossroads.net	2022	2025
Network for Youth Development (Nfyd)	Lilongwe	Gift Numeri	gnumeri@nfydmw.org	2022	2025
Queen Elizabeth Central Hospital (QECH)	Blantyre	Patrick Kamalo	kamalopd@gmail.com	2023	2028
Small Producers Development and Transporters Association (SPRODETA)	Mzuzu	Allen Kumwenda	sprodeta@gmail.com	2022	2025
YouthCode/ Nkhotakota Youth Organization (NYO)	Nkhotakota	Robert Mbaya	r.mbaya@yahoo.com	2023	2026

Norec participants in and from Malawi

Norec participants exchanging from Malawi September 2023

Organisation	Number of participants
Centre for Youth Empowerment and Civic Education (CYECE)	2
Chance for Change	2
Kamuzu Central Hospital	3
Life Concern Organization	2
Malawi Girl Guides Association (MAGA)	5
Network for Youth Development (NfYD)	2
Queen Elizabeth Central Hospital (QECH)	1
Small Producers Development and Transporters Association (SPRODETA)	2
YouthCode/Nkhotakota Youth Organization (NYO)	4

Norec participants on exchange in Malawi September 2023

Organisation	Number of participants
Centre for Youth Empowerment and Civic Education (CYECE)	4
Chance for Change	2
Kamuzu Central Hospital	3
Life Concern Organization	2
Malawi Girl Guides Association (MAGA)	5
Music Crossroads Malawi	7
Network for Youth Development (NfYD)	2
Queen Elizabeth Central Hospital (QECH)	4
Small Producers Development and Transporters Association (SPRODETA)	3
YouthCode/Nkhotakota Youth Organization (NYO)	4

Norec exchange projects in Malawi

Chance for Change

Project period

Start Year

2022

End Year

2025

Project key facts

Number of participants of project period

12

Estimated total budget of project period

\$221K

Thematic focus

Sustainable Development Goal:

16. Peace, Justice and Strong Institutions

DAC sub sector:

11330 Vocational training

Project description

In Malawi, it is illegal to employ a former convict the first seven years after serving time in prison. In Uganda, inmates are vulnerable as their offences often are related to experiences of hardship, marginalisation and violence. This project seek to equip offenders with education and skills that will enable them to be self-reliant members of society, while also building institutional capacity of the organisations in the exchange.

Partners

Name	Country
Advance Afrika	Uganda
Chance for Change	Malawi



Life Concern Organization

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
8	\$527K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	11230 Basic life skills for youth and adults

Project description

By giving girls and young mothers knowledge and skills in entrepreneurship, as well as by providing quality sexual and reproductive health services for adolescents, the partners seek to prevent teen-pregnancies and affect the future of girls and women in their countries. The partners will also improve their organisations, and share knowledge on how to best reach their goals.

Partners

Name	Country
Life Concern Organization	Malawi
Pride Community Health Organization	Zambia

Kamuzu Central Hospital

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
18	\$542K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	12191 Medical services

Project description

The aim of the project is to improve patient services within rehabilitation. The project involves the medical fields of physiotherapy, occupational therapy and nursing, and the exchange participants work with trauma patients, establishing standard procedures and checklists, and developing patient brochures. The project also aims to establish multidisciplinary teamwork as the standard for rehabilitation of patients with spinal chord injuries.

Partners

Name	Country
Helse Bergen HF	Norway
Kamuzu Central Hospital	Malawi



Queen Elizabeth Central Hospital (QECH)

Project period

Start Year

End Year

2023

2028

Project key facts

Number of participants of project period

Estimated total budget of project period

80

\$3M

Thematic focus

Sustainable Development Goal:

DAC sub sector:

3. Good Health and Well-Being

12181 Medical education/training

Project description

Through the exchange of health personell, the partners will work on improvement of leadership, ensure betler use of medical technical equipment, improve the capacity of anaesthesia and neurosurgery, improve intensive care and neurosurgical care services, and improved care of paediatric surgical patients at the partner hospitals.

Partners

Name

Country

Oslo universitetssykehus HF

Norway

Queen Elizabeth Central Hospital (QECH)

Malawi



Centre for Youth Empowerment and Civic Education (CYECE)

Project period		Project key facts	
Start Year	End Year	Number of participants of project period	Estimated total budget of project period
2022	2025	42	\$1M
Thematic focus		Project description	
Sustainable Development Goal:	DAC sub sector:	<p>The project is designed to create awareness and strengthen systems related to critical issues impacting young people. The partners use peer-to-peer networking, training sessions and local engagement to create opportunities for youth leaders. They work simultaneously through their mother organisations and nation-wide member organisations and youth clubs in Kenya, Zimbabwe and Malawi.</p>	
16 Peace, Justice and Strong Institutions	15/ 50 Democratic participation and civil society		
Partners			
Name		Country	
Centre for Youth Empowerment and Civic Education (CYECE)		Malawi	
Youth Alive! Kenya		Kenya	
Youth Empowerment and Transformation Trust (VET)		Zimbabwe	

Small Producers Development and Transporters Association (SPRODETA)

Project period		Project key facts	
Start Year	End Year	Number of participants of project period	Estimated total budget of project period
2022	2025	12	\$460K
Thematic focus		Project description	
Sustainable Development Goal:	DAC sub sector:	<p>The partners empower and improve the economic self-sufficiency of young socio-economically marginalised women. The exchange participants work with income generating activities, training and education, while also sharing knowledge of vocational skills training and climate smart agricultural technologies.</p>	
2 Zero Hunger	11230 Basic life skills for youth and adults		
Partners			
Name		Country	
Shalom Development Organization		Tanzania	
Small Producers Development and Transporters Association (SPRODETA)		Malawi	

Malawi Girl Guides Association (MAGA)

Project period

Start Year	End Year
2021	2026

Project key facts

Number of participants of project period	Estimated total budget of project period
240	\$6M

Thematic focus

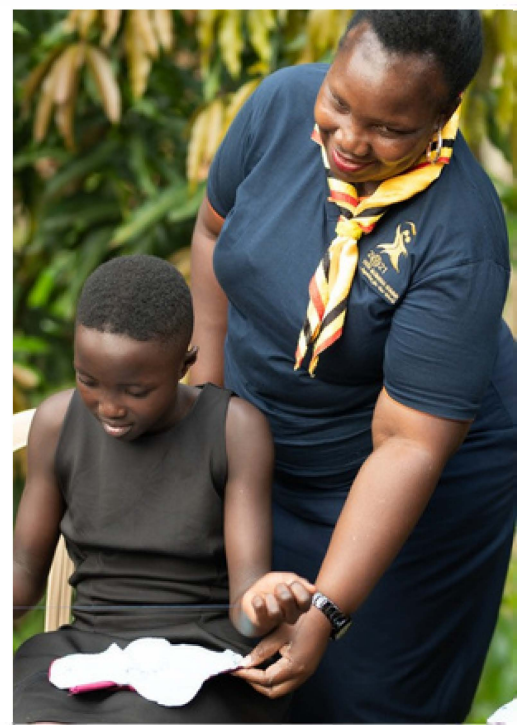
Sustainable Development Goal:	DAC sub sector:
5 Gender Equality	15170 Women's equality organizations and institutions

Project description

The project aims to create an empowering environment for young women. where young women will be leading, raising their voices and making a difference on issues important to them at local, national, regional and global levels. The project exchanges both professional staff and volunteers.

Partners

Name	Country
Bangladesh Girl Guide Association	Bangladesh
Burundi Girl Guides Association (BGGGA)	Burundi
Fanilon'i Madagasikara	Madagascar
Ghana Girl Guides Association	Ghana
Kenya Girl Guides Association (KGGA)	Kenya
Malawi Girl Guides Association (MAGA)	Malawi
Mpanazava Eto Madagasikara	Madagascar
Nepal Scouts	Nepal
Rwanda Girl Guides Association	Rwanda
Tanzania Girl Guides Association	Tanzania
The World Association of Girls Guides and Girls Scouts (WAGGGS)	Uganda
Uganda Girl Guides Association (UGGA)	Uganda
Zambia Girl Guides Association	Zambia
Zimbabwe Girl Guides Association	Zimbabwe



Malawi National Council of Sports (MNCS)

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
70	\$1M

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	12340 Promotion of mental health and well-being

Project description

Five partners in Norway, Zambia and Zimbabwe cooperate to improve access to sports for all — regardless of gender and age. In order to create safe, inclusive and sustainable sport environments in the partner countries, they engage children and youth, increase competence for young coaches, and strengthen the organisations and institutions around them.

Partners

Name	Country
EduSport	Zambia
Malawi National Council of Sports (MNCS)	Malawi
National Organisation for Women in Sport Physical Activity and Recreation (NOWSPAR)	Zambia
Norges idrettsforbund og olympiske komité (NIF)	Norway
Response Network	Zambia
Sport in Action	Zambia
Zimbabwe Volleyball Association	Zimbabwe

YouthCode/Nkhotakota Youth Organization (NYO)

Project period

Start Year	End Year
2023	2026

Project key facts

Number of participants of project period	Estimated total budget of project period
24	\$846K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
8. Decent Work and Economic Growth	11330 Vocational training

Project description

The project aims to strengthen the organisations as regional development partner through vocational skills training, entrepreneurship, internationalisation, and quality service delivery. The Malawian will empower young people with vocational and entrepreneurial skills training, while the Norwegian partner focus on improvement of intercultural competence and general knowledge on issues such as sustainability, globalisation and cultural awareness.

Partners

Name	Country
Flora vidaregåande skule	Norway
Uganda Youth Skill Training Organisation (UYSTO)	Uganda
YouthCode/Nkhotakota Youth Organization (NYO)	Malawi

Music Crossroads Malawi

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
24	\$2M

Thematic focus

Sustainable Development Goal:	DAC sub sector:
10. Reduced Inequalities	15150 Democratic participation and civil society

Project description

MOVE is an exchange program for young musicians and organisers - between Norway, Malawi, Mozambique and Brazil. The programme exchanges youth with competence in music and organisation, and seeks to empower them with new tools and intercultural understanding as young leaders within the cultural field. Simultaneously, the project aims to enrich the organisations, the local communities and society.

Partners

Name	Country
Music Crossroads Malawi	Malawi
Music Crossroads Mozambique	Mozambique
Sustenidos	Brazil
Trøndertun Folkehøgskole	Norway

Network for Youth Development (NfYD)

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
4	\$431K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
13. Climate Action	15150 Democratic participation and civil society

Project description

The Solidarity Exchange for the Environment and Development (SEED) is a partnership between Norway and Malawi. Young people exchange to improve their knowledge about climate justice in practice, to learn how to influence policymakers, and to communicate their knowledge to youth in Norway and Malawi.

Partners

Name	Country
Network for Youth Development (NfYD)	Malawi
Spire - Utviklingsfondets Ungdom	Norway