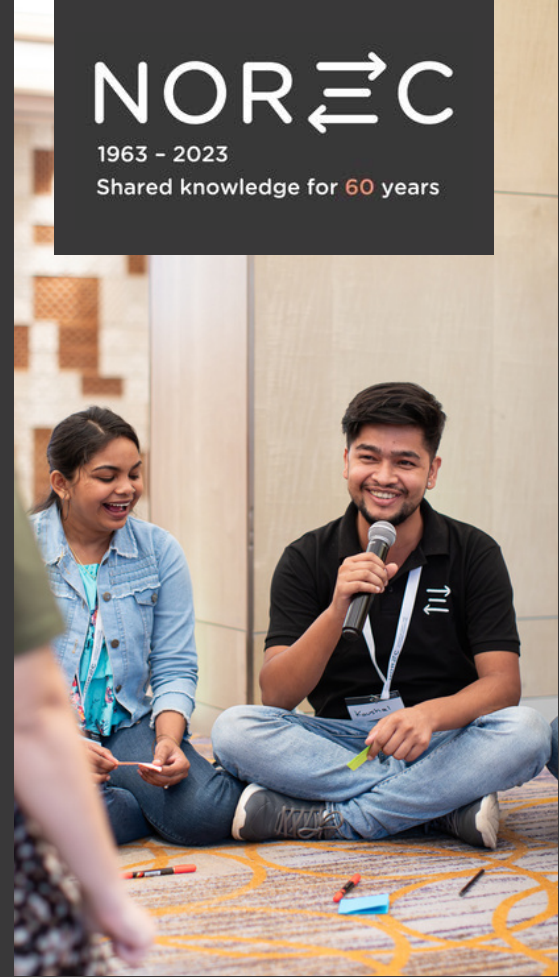


NORREC

1963 - 2023

Shared knowledge for 60 years



NOREC EXCHANGE PROJECTS IN NEPAL

An overview over Norec partners, participants and
exchange projects

Updated September 2023

→ 1963 - 2023
← Shared knowledge for 60 years

The Norwegian Agency for Exchange Cooperation (Norec) is Norway's only competence centre for international exchange. As an executive body under the Norwegian Ministry of Foreign Affairs, we are a key part of Norway's integrated approach to achieving the UN's sustainable development goals.

For over 60 years, Norec has helped organisations, institutions, and companies to grow and develop by using the most important resource they have: people. With a grant from Norec, workplaces send employees on exchange to another country.

Norec also coordinates recruitment of Norwegian citizens to positions funded by the Norwegian government at the UN and the World Bank. This includes positions as Junior Professional Officers and United Nations Volunteers.

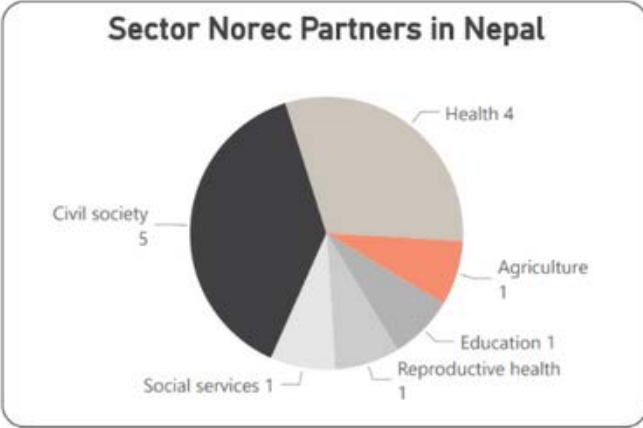
Content

The aim of this booklet is to give you a thorough, yet concise, overview over Norec support and grants, and our partners, participants and projects in the country. Therefore we have included information in the following order:

- Norec support to partners
- Contact information for Norec partners
- Exchange participants
- Information sheet for each project



Norec support



Partner Countries Norec Projects

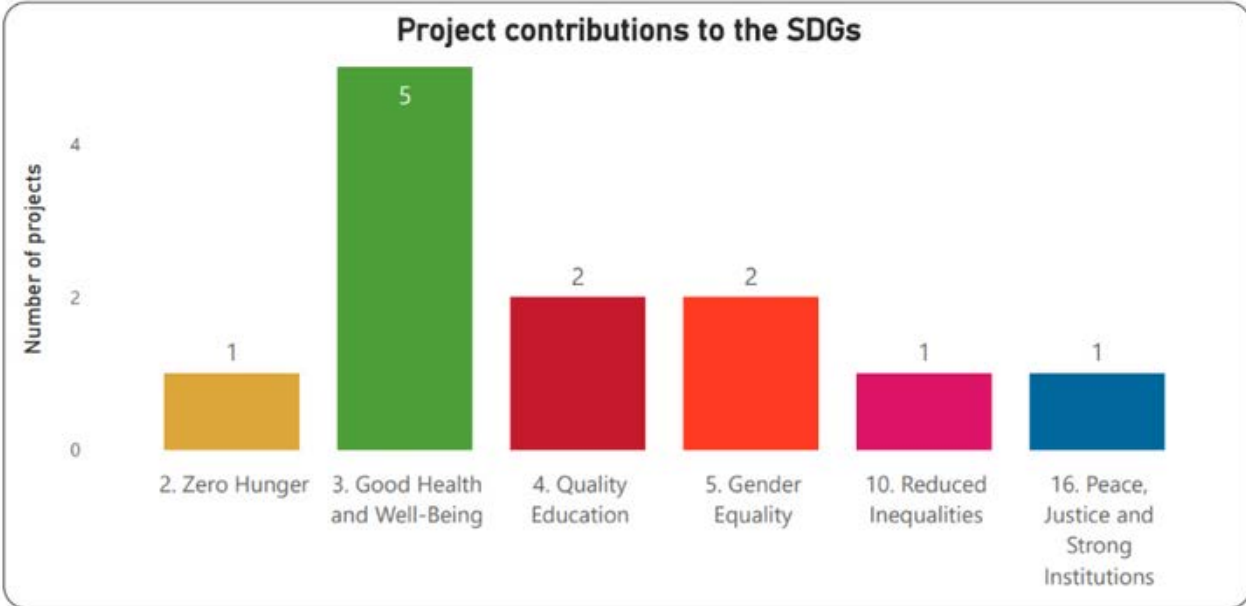
Country	Partners
Bangladesh	9
Uganda	4
India	2
Madagascar	2
Tanzania	2
Burundi	1
Ghana	1
Kenya	1
Malawi	1
Myanmar	1
Norway	1
Rwanda	1
Zambia	1
Zimbabwe	1

Norec Grants to Partnerships with Nepal (USD 2022)

\$714,43K

Project Participants as of September 2023

<p>17 Project participants from Nepal</p>	<p>20 Project participants to Nepal</p>
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Contact information for Norec partners

Organisation	Primary Contact	City	Email	Start Year	End Year
Aawaaj	Kathmandu	Irada Gautam	ktm@aawaaj.org.np	2022	2025
Agro-Forestry, Basic Health and Cooperatives (ABC Nepal)	Kathmandu	Manoj Lamichhane	abcnepal.ktm@gmail.com	2022	2027
Community Development Programme Sindhuli (CDPS) Nepal	Sindhuli	Janak BK	cdpsnepal@gmail.com	2022	2023
Empowering Women of Nepal	Pokhara-6	Samjhana Baral	info@ewn.org.np	2022	2025
Group of Helping Hands (SAHAS) Nepal	Lalitpur	Surendra K. Shresta	info@sahasnepal.org.np	2022	2027
Integrated Village Development Service	Makwanpur	Nirmal Kumar Paudel	ivds2056@gmail.com	2023	2026
Nepal Disabled Human Rights Center (DHRC-Nepal)	Kathmandu	Prakriti Bhandari	dhrnepal56@gmail.com	2023	2025
Nepal Scouts	Kathmandu	Saru Gosai	info@nepalscouts.org	2021	2026
Peace Rehabilitation Centre (PRC)	Lalitpur	Sumiran Koirala	prcnepal1994@gmail.com	2022	2024
Rural Institution for Community Development (RICOD)	Chapagaon	Rachana Maharjan	office.ricod@gmail.com	2023	2026
Samata Foundation	Kathmandu	Ujjwal Sundas	info@samatafoundation.org	2023	2024
The Leprosy Mission Nepal	Kathmandu	Saroj Baral	sarojb@tlmnepal.org	2023	2027
World Association of Community Radio Broadcasters (AMARC) Asia-Pacific	Kathmandu	Suman Basnet	prativa@amarc-ap.org	2020	2024

Nepalese Norec participants on exchange as of September 2023

Organisation	Number of participants
Agrogoti Sangstha	3
ASPADA Paribesh Unnayan Foundation	1
Bangladesh Girl Guide Association	3
Bible Students Fellowship of Bangladesh (BSFB)	2
Nagorik Uddyog	2
The Leprosy Mission International Bangladesh	2
Zabai Bangladesh Ltd.	3

Norec participants on exchange in Nepal as of September 2023

Organisation	Number of participants
Aawaaj	3
Agro-Forestry, Basic Health and Cooperatives (ABC Nepal)	2
Empowering Women of Nepal	2
Group of Helping Hands (SAHAS) Nepal	2
Nepal Scouts	5
Samata Foundation	2
Strømmestiftelsen	1
The Leprosy Mission Nepal	3



Norec projects in Nepal

World Association of Community Radio Broadcasters (AMARC) Asia-Pacific

Project period

Start Year	End Year
2020	2024

Project key facts

Number of participants of project period	Estimated total budget of project period
8	\$263K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	12261 Health education

Project description

The purpose of the project is to enable marginalised and minority citizens understand their public health rights, and make informed demands from local government authorities. The project use community radios and broadcasters to spread the word, and to encourage citizens to demand better public health facilities. The idea is that in turn this will have an effect on the national level in Bangladesh and Nepal.

Partners

Name	Country
Rupantar	Bangladesh
World Association of Community Radio Broadcasters (AMARC) Asia-Pacific	Nepal



Integrated Village Development Service

Project period

Start Year	End Year
2023	2026

Project key facts

Number of participants of project period	Estimated total budget of project period
18	\$198K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
2. Zero Hunger	31165 Agricultural alternative development

Project description

The project focuses on youth, organic farming and sustainable agriculture in underprivileged communities in Nepal and India. Youth are mobilised from rural communities, and taught traditional cropping practices. Through an intensive 12-month exchange program, the projects will turn the youth into change-makers.

Partners

Name	Country
Integrated Village Development Service	Nepal
Parmarth Samaj Sevi Sansthan	India

Rural Institution for Community Development (RICOD)

Project period

Start Year	End Year
2023	2026

Project key facts

Number of participants of project period	Estimated total budget of project period
12	\$495K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	12220 Basic health care

Project description

The partners will share ideas and practices on how to promote health and nutrition in local communities. The partner ERA will learn how partner RICOD uses existing networks and schools to reach its target groups, despite challenges created by the regions' mountainous terrain, while RICOD intends to adapt how ERA works with volunteers, how they mobilise communities and work with women's groups to reach their goals.

Partners

Name	Country
Efforts for Rural Advancement (ERA)	Bangladesh
Rural Institution for Community Development (RICOD)	Nepal

Community Development Programme Sindhuli (CDPS) Nepal

Project period

Start Year	End Year
2022	2023

Project key facts

Number of participants of project period	Estimated total budget of project period
4	\$130K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	12261 Health education

Project description

The project aims to improve maternal and reproductive health care services in Nepal and Bangladesh. The partner AWARD from Bangladesh will improve their knowledge of reproductive health and on maternal health to prevent maternal mortality, while CDPS from Nepal will advance their skills and knowledge on mother and child care, and adolescent sexual and reproductive health.

Partners

Name	Country
Association of Workers for Alternative Rural Development (AWARD)	Bangladesh
Community Development Programme Sindhuli (CDPS) Nepal	Nepal



Samata Foundation

Project period

Start Year	End Year
2023	2024

Project key facts

Number of participants of project period	Estimated total budget of project period
8	\$158K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
10. Reduced Inequalities	15160 Human rights

Project description

The project, 'Promoting Dalit Rights through Mutual Learning' aims to promote the human rights of Dalits and marginalised communities collectively in Nepal and Bangladesh by mutually sharing and learning between the partner organizations.

Partners

Name	Country
Nagorik Uddyog	Bangladesh
Samata Foundation	Nepal

The Leprosy Mission Nepal

Project period

Start Year	End Year
2023	2027

Project key facts

Number of participants of project period	Estimated total budget of project period
33	\$903K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	12220 Basic health care

Project description

The project will improve treatment and inclusion of people with leprosy and other disabilities. The partners will do so through working with local communities and groups, improving their research capacity, improving their online services and focusing on social integration directly with patients.

Partners

Name	Country
The Leprosy Mission International Bangladesh	Bangladesh
The Leprosy Mission International Myanmar	Myanmar
The Leprosy Mission Nepal	Nepal

Empowering Women of Nepal

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
8	\$250K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
4. Quality Education	11230 Basic life skills for youth and adults

Project description

The partners share knowledge of tourism, administration and ICT. While both partners aim to improve the economic situation for disadvantaged groups, they have different methods: SUF targets income-generating skills to young people, while EWN empower Nepali women through training in tourism, entrepreneurship and through scholarships.

Partners

Name	Country
Empowering Women of Nepal	Nepal
Society for Underprivileged Families (SUF)	Bangladesh

Peace Rehabilitation Centre (PRC)

Project period

Start Year	End Year
2022	2024

Project key facts

Number of participants of project period	Estimated total budget of project period
16	\$238K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
5. Gender Equality	15180 Ending violence against women and girls

Project description

This Indian-Nepalese project aims to tackle social malpractices of trafficking, gender-based discrimination and violence. A group of four participants are sent on exchange from each organisation, where they cooperate to mutually strengthen the organisations.

Partners

Name	Country
Milaan be the Change	India
Peace Rehabilitation Centre (PRC)	Nepal



Nepal Scouts

Project period

Start Year	End Year
2021	2026

Project key facts

Number of participants of project period	Estimated total budget of project period
240	\$6M

Thematic focus

Sustainable Development Goal:	DAC sub sector:
5. Gender Equality	15170 Women's equality organizations and institutions

Project description

The project aims to aim to create an empowering environment for young women, where young women will be leading, raising their voices and making a difference on issues important to them at local, national, regional and global levels. The project exchanges both professional staff and volunteers.

Partners

Name	Country
Bangladesh Girl Guide Association	Bangladesh
Burundi Girl Guides Association (BGGA)	Burundi
Fanilon'i Madagasikara	Madagascar
Ghana Girl Guides Association	Ghana
Kenya Girl Guides Association (KGGA)	Kenya
Malawi Girl Guides Association (MAGA)	Malawi
Mpanazava Eto Madagasikara	Madagascar
Nepal Scouts	Nepal
Rwanda Girl Guides Association	Rwanda
Tanzania Girl Guides Association	Tanzania
The World Association of Girls Guides and Girls Scouts (WAGGGS)	Uganda
Uganda Girl Guides Association (UGGA)	Uganda
Zambia Girl Guides Association	Zambia
Zimbabwe Girl Guides Association	Zimbabwe

Nepal Disabled Human Rights Center (DHRC-Nepal)

Project period

Start Year	End Year
2023	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
8	\$102K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
4. Quality Education	16010 Social/ welfare services

Project description

Both in Bangladesh and Nepal, the perception of people with disabilities are largely negative, especially in rural areas. To increase quality of life for this group, the partners work to promote disability inclusive societies. They focus on disability inclusive education, advocacy and responsible media coverage in both countries.

Partners

Name	Country
Nepal Disabled Human Rights Center (DHRC-Nepal)	Nepal
Prochesta	Bangladesh

Aawaaj

Project period

Start Year	End Year
2022	2025

Project key facts

Number of participants of project period	Estimated total budget of project period
12	\$210K

Thematic focus

Sustainable Development Goal:	DAC sub sector:
3. Good Health and Well-Being	13020 Reproductive health care

Project description

The project promotes sexual and reproductive health education. The exchange participants will share knowledge on good practices on menstruation, puberty changes and prevention of sexually transmitted infections, and share this knowledge with their organisations. Additionally, the project will work on how the partners can ensure reproductive health for specially challenged people and vulnerable groups in the face of natural disasters or other crises.

Partners

Name	Country
Aawaaj	Nepal
Agrogoti Sangstha	Bangladesh

Agro-Forestry, Basic Health and Cooperatives (ABC Nepal) Group of Helping Hands (SAHAS) Nepal

Project period

Start Year	End Year
2022	2027

Project key facts

Number of participants of project period	Estimated total budget of project period
22	\$2M

Thematic focus

Sustainable Development Goal:	DAC sub sector:
16. Peace, Justice and Strong Institutions	15150 Democratic participation and civil society

Project description

This project aims to get youth involved in civil society and in their communities to fight against injustice and reduce poverty. The partnerships will enable youth to make a difference and have an impact. Their method is to work with civil society organisations to promote youth participation and leadership.

Partners

Name	Country
Agro-Forestry, Basic Health and Cooperatives (ABC Nepal)	Nepal
CBS Pewosa	Uganda
Community Empowerment for Rural Development (CEFORD)	Uganda
Group of Helping Hands (SAHAS) Nepal	Nepal
Organization for Community Development (OCODE)	Tanzania
Strømmestiftelsen	Norway

