



NOREC EXCHANGE PROJECTS IN SOUTH AFRICA

Updated August 2024

NOR[↔]EC NORWEGIAN AGENCY FOR
EXCHANGE COOPERATION



**Copyright © Norwegian Agency for
Exchange Cooperation (Norec)**

Photographs

All the images portrayed are real people working in a Norec project and their colleagues from all over the world. Consent has been granted to Norec to use these images to visualise our exchange projects and their effect.

For more information regarding specific photographs or any other content in this pamphlet, contact norec@norec.no

About Norec

The Norwegian Agency for Exchange Cooperation (Norec) is Norway's only competence centre for international exchange. As an executive body under the Norwegian Ministry of Foreign Affairs, we are a key part of Norway's integrated approach to achieving the UN's sustainable development goals.

Grant Management

Norec's uniqueness lies in supporting work exchanges that provide global learning opportunities for staff and organisations. With a grant for a Norec exchange project, workplaces send employees and volunteers on exchange to another country.

As of 2024, Norec also administers the grant Democracy Through Partnerships, which supports Norwegian political parties and their youth wings in their work to promote democracy globally.



The UN and World Bank

Norec coordinates recruitment of Norwegian citizens to positions funded by the Norwegian government at the UN and the World Bank.

This includes positions as Junior Professional Officers and United Nations Volunteers, as well as other secondments. We are currently funding around 40 Norwegian citizens working for various UN agencies, the World Bank and the Asian Bank on all continents. Norec conducts pre-deployment trainings and follows up the secondees throughout their contracts, with an overall goal of increasing the number of Norwegian citizens in international organisations.

Training and learning

Norec has an interdisciplinary team of trainers. They facilitate learning for staff and partnerships that work internationally. Yearly, Norec arranges between 35-40 courses with over a thousand participants. Norec's courses are interactive and inclusive in order to accommodate people from diverse and multicultural backgrounds.

Building Knowledge

In addition, Norec conducts action-based research to expand and build knowledge in the field of international work exchanges. Multi-method data collections are regularly carried out to inform and improve our trainings and programmes.

As a centre of competence, we strive to build and expand knowledge on how to conduct successful work exchanges – and how to build strong global partnerships.

Norec exchange projects

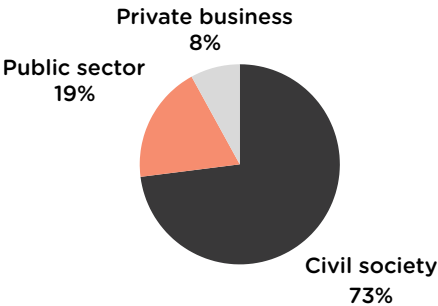
Yearly, over 175 organisations send their staff to work abroad to learn from partners in other countries, creating new or stronger partnerships through practical experience in different contexts and specialisations.

Norec is founded on the principle that collaboration is essential for addressing global challenges. Whether the partnerships are formed with like-minded or different organisations, they strengthen international alliances and work to reach the UN's sustainable development goals.

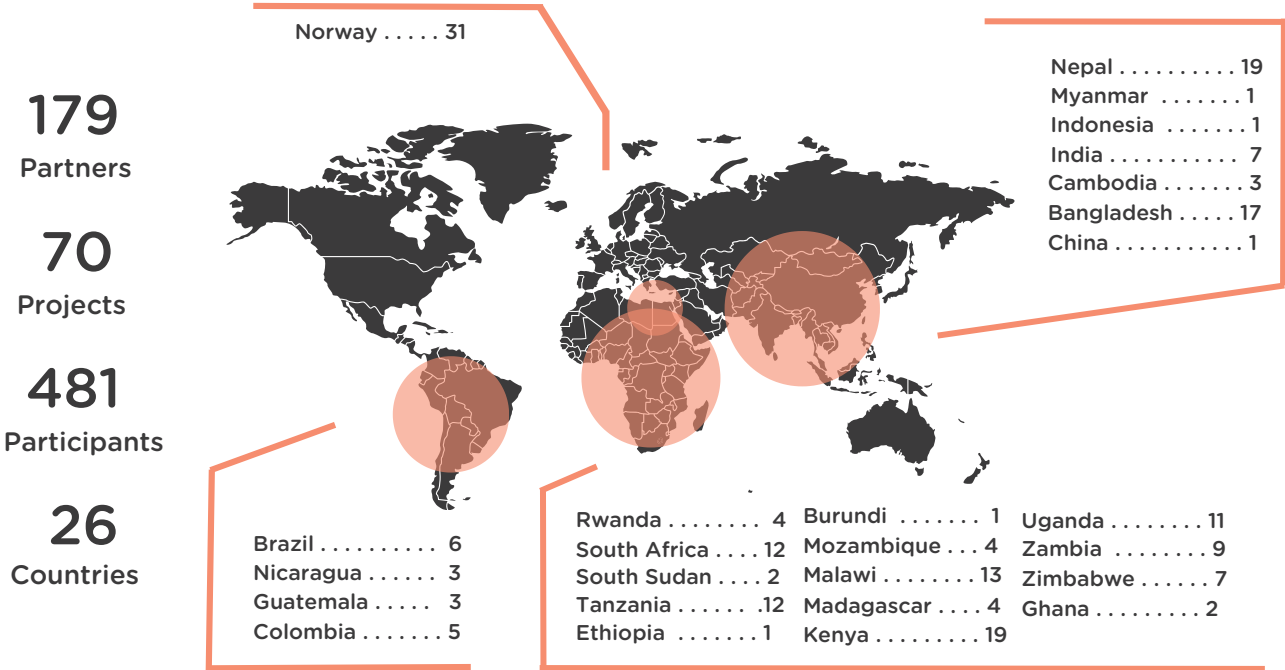
Learning and skill transfer gives exchanged staff professional growth, which upon their return, contributes to their organisations' efficiency and innovation. Over time, the skills and learning are transferred between those that have been on an exchange, the new staff received on job-exchange and the institutions' staff as a whole. This process also promotes organisational and community advancement.

Norec emphasizes the importance of bridging power imbalances and fostering international relationships as essential strategies for solving global issues.

Partners work within these sectors



It fosters a sense of unity and shared purpose among diverse groups, laying the groundwork for long-term cooperation and mutual benefits. Through a Norec exchange project, organisations gain the expertise needed to achieve their objectives and push for impactful changes, showcasing Norec's dedication to cross-cultural cooperation in global problem-solving.



Former Norec exchanged staff Jeromnie and her story

Jeromnie Akinyi Obwar grew up in an informal settlement in Kisumu, Kenya. She says this about her work exchange to Norway: “That is when I had my self-identity for the first time. I knew who I was. I knew the potentials that I had.”

Upon returning, she volunteered to inform young people about sexual health rights: “We realised that there was something going wrong in our community. The community members could not reach the higher people. We became the ladder for them to use.”

Jeromnie was selected into the Health Management Committee: “that to me is so big. I can meet with those people. I can now influence change directly.”



Partner Youth Alive! Kenya (YAK) and their achievements

Staff from Youth Alive! Kenya learnt how to conduct action research while on exchange with Youth Empowerment Transformation Trust in Zimbabwe. YAK applied this method to map the situation for youth in Kenya. A report was compiled, which highlights the gaps in current policies as well as youths' views of what should to be done differently. YAK used the findings to draw attention to the need for change in the electoral process to bring young people out of voter apathy and into politics. The government used key findings from the report to inform governmental youth-focused outreach programmes.

A NOREC TRAINING IN KATHMANDU,
NEPAL IN 2023.
CREDIT: MAIKEN SOLBAKKEN, NOREC



The Norec Network — a resource bank

Since we started in 1963, Norec has supported the exchange of more than 13 000 staff and volunteers between different organisations. These individuals are a resource we want to continue to support. Therefore, we launched the Norec Network in 2023.

We enable the members of Norec Network to share knowledge and expertise, expand their professional network and join physical and digital network activities, and this way, we help keep their engagement going even after their exchange period has ended.

This network works as a resource bank for Norec, where we can gather advice and input from the members. They have helped with facilitation, logistics and interpretation for trainings we have conducted in their home countries.

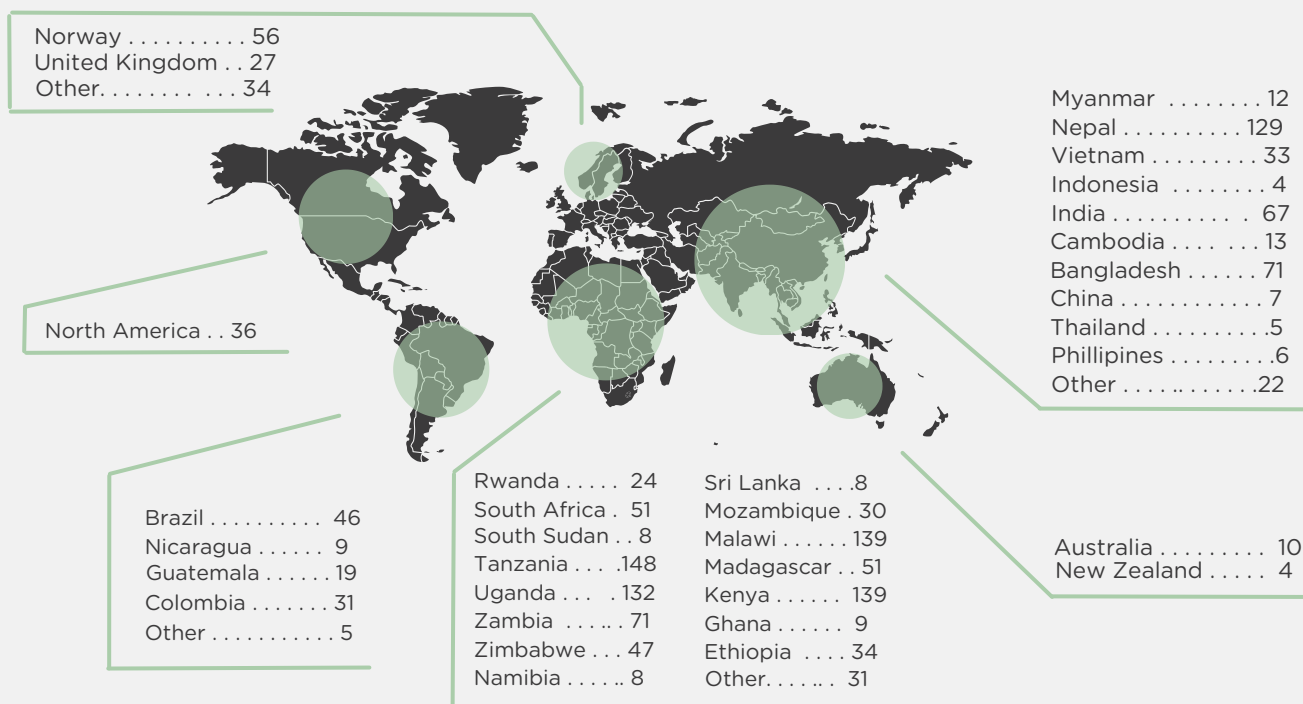
The Norec Network is available for the Norwegian Ministry of Foreign Affairs and associated embassies to utilise as a resource.

If you wish to get further information on how you can utilise this resource, or have any questions related to the network, please contact training@norec.no.

**Norec Network
members
as of april 2024**

1,638

Home countries of members of Norec Network as of 2024





Overview

Norec exchange projects in South Africa

The numbers

Total grants to organisations in Norec supported projects

The 9 projects with Norec support in Uganda, received funds totaling 950 000 USD in 2023.

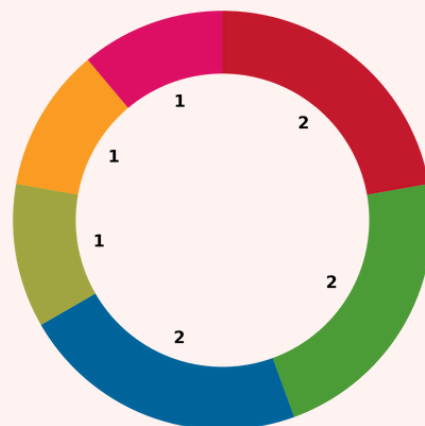
Out of the 9 projects in South Africa, 7 are with civil society organisations (CSOs) and 2 are with institutions in the public sector.

\$ 950 K

Supported projects are working towards the following Sustainable Development Goals (SDGs)

All Norec projects promote sustainability goal 17, both by strengthening the tools and methods used to achieve results, and by supporting new global partnerships for sustainable development.

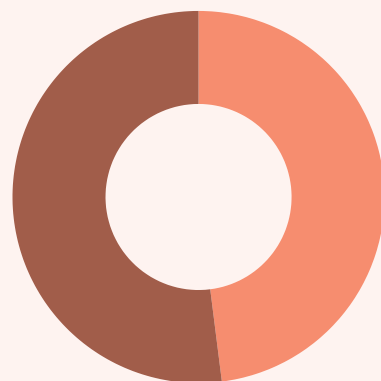
In South Africa, the most prevalent sustainable development goal is number 3, Good Health and Well-being, 16, Peace, Justice and Strong Institutions and goal number 4, Quality Education.



4 Quality Education
3 Good Health and Well-Being
16 Peace, Justice and Strong Institutions
12 Responsible Consumption and Production
11 Sustainable Cities and Communities
10 Reduced Inequalities

Norec staff and volunteers from and in South Africa

There are 25 staff members from South Africa or working in the country, receiving Norec support. 13 of them are South Africans working abroad in a Norec exchange project, while 12 are Norec staff from other countries working in South Africa in 2024.



Organisations have partners in the following countries

In a partnership supported by Norec, organisations, public institutions and private business from over 25 countries cooperate to promote the Sustainable Development Goals.

For the projects with South African partners, the collaborating organisations are spread over the countries listed to the right.

Uganda
Malawi
Tanzania
Norway

Kenya
Zimbabwe
Zambia

Norec exchange projects in South Africa

SDI Youth Leadership Development & Exchange Programme

**DAC Sub
Sector**

**Social/
welfare
services**

**Sustainable
Development
Goal**

**11.
Sustainable
Cities and
Communities**

This project helps people living in slums worldwide improve their homes and increase their influence. It shares knowledge on finding better housing, mapping communities, upgrading slums, boosting livelihoods, and adapting to the climate. Activities include group savings, raising awareness, backing climate action, and creating solutions based on community services. The aim is to give slum residents better access to safe homes and necessary services, and prepare them for climate challenges.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$22 000	16	2023	2026

PROJECT ORGANISATIONS AND INSTITUTIONS

- Shack Dwellers International Kenya (SDI Kenya)
- Centre for Community Organisation and Development (CCODE)
- Slum Dwellers International (SDI)
- ACTogether Uganda

COUNTRIES

- Kenya
- Malawi
- South Africa
- Uganda



Music Matters - PULSE 4

DAC Sub Sector

Health
education

Sustainable Development Goal

3. Good Health
and Well-Being

The project is based on the notion that music matters and can be used to build inclusive and healthy communities. The young musicians on exchange focus on building inclusive and holistic learning environments in bands. They develop content and organise workshops, trainings and awareness sessions — and work directly with band members, with staff in their organisations and the local communities.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$1 726 384	12	2022	2027

PROJECT ORGANISATIONS AND INSTITUTIONS

- Norges Musikkorps Forbund (NMF)
- Field Band Foundation (FBF)

COUNTRIES

- Norway
- South Africa

Youth Digital Entrepreneurship Exchange Program (Y-DEEP)

DAC Sub Sector

Advanced
technical and
managerial
training

Sustainable Development Goal

4. Quality
Education

The project Youth Digital Entrepreneurship Exchange Program (Y-DEEP) provides youth with digital entrepreneurship skills, as a tool to address high unemployment rates among youth in South Africa, Kenya and Uganda. They also want to increase the partner organisations capacity as development organisations.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$ 41 237	16	2023	2024

PROJECT ORGANISATIONS AND INSTITUTIONS

- Sote Hub
- Suff Academy
- Kyusa

COUNTRIES

- Kenya
- South Africa
- Uganda

A4A - Access for All

DAC Sub Sector

Human rights

Sustainable
Development
Goal

4. Quality
Education

The project empower young people to work for access to inclusive education for all. Across these countries, access to higher education is still unattainable for many young students. Through this project, the participants will work with education advocacy and activism, while also sharing institutional best practices and standard operating procedures.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$76 734	18	2022	2026

PROJECT ORGANISATIONS AND INSTITUTIONS

- Equal Education
- Zambia National Education Coalition (ZANEC)
- Youth Empowerment and Transformation Trust (YETT)

COUNTRIES

- South Africa
- Zambia
- Zimbabwe

CHANGE 2022-2025

DAC Sub Sector

Human rights

Sustainable
Development
Goal

10. Reduced
Inequalities

This long-term project aims at strengthening youth programmes in Norway, Tanzania and South Africa. The partners wants to impact the levels of social inclusion of youth and young adults, gender justice and entrepreneurship in the partner organisations.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$1 459 326	71	2022	2025

PROJECT ORGANISATIONS AND INSTITUTIONS

- KFUK-KFUM Norge
- South African National Council of YMCAs
- Ilula YWCA/Ilula Orphan Program

COUNTRIES

- Norway
- South Africa
- Tanzania



A 3 year` collaboration in traumatology and emergency medicine between Norway and South Africa

DAC Sub Sector

Medical
education/train
ing

Sustainable Development Goal

3. Good Health
and Well-Being

Through volume training and exchange of skills, the project aims to improve patient services in traumatology and emergency medicine. The project will improve communication and multidisciplinary cooperation between staff members within the emergency departments. Furthermore, the project will improve digital cooperation between the two hospitals.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$383 736	12	2022	2025

PROJECT ORGANISATIONS AND INSTITUTIONS

- Helse Bergen HF
- Dr George Mukhari Academic Hospital
- Sefako Magkatho Health Sciences University (SMU)

COUNTRIES

- South Africa
- Norway

Transforming the Justice Sector in East and Southern Africa through Exchange of legal technical expertise

The overall objective of the project is to enhance the participants' understanding and knowledge of legal systems, processes, and institutions, and to develop their skills in legal analysis, advocacy, problem-solving, and research. This will enable them to bring comparative justice and legal experience to solution table and to jointly promote the rule of law and democracy in East and Southern Africa.

DAC Sector

Civil Society

Sustainable Development Goal

16 Peace, Justice
and Strong
Institutions

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$ 544 000	8	2024	2026

PROJECT ORGANISATIONS AND INSTITUTIONS

- Africa Judges & Jurists Forum (AJJF)
- Legal Resources Foundation (LRF) - Zimbabwe
- Foundation of Human Rights Initiative (FHRI)
- International Commission of Jurists Kenyan Section (ICJ Kenya)

COUNTRIES

- Kenya
- South Africa
- Uganda
- Zimbabwe

Norec partners in South Africa

Partner	City	Primary Contact	Email	Start	End
African Judges & Jurists Forum (AJJF)	Johannesburg	Arnold Tsunga	info@africajurists.org	2024	2026
Dr George Mukhari Academic Hospital	Ga-Rankuwa	Colisiwe Ribombo	colisiwed@gmail.com	2022	2025
Sefako Magkatho Health Sciences University (SMU)	Ga-Rankuwa, Pretoria	Lesego Phiri	Lesego.phiri@smu.ac.za	2022	2025
Equal Education	Cape Town	Nozipho Njomo	tebogo@equaleducation.org.za	2022	2026
Field Band Foundation (FBF)	Johannesburg	Eva Bortne	nickydup@fieldband.org.za	2022	2027
Slum Dwellers International (SDI)	Cape Town	Simone Cupido	simone@sdinet.org	2023	2026
South African National Council of YMCAs	Durban	Thandeka Zungu	mikecuthbert@saymca.org.za	2022	2025
Suff Academy	George	Elrico Van Rooyen	suffacademysa@gmail.com	2023	2024
University of Pretoria	Pretoria	Lise Korsten	lise.korsten@up.ac.za	2023	2025

**Contact Information**

Address: Fjellvegen 9, 6800 Førde, Norway

Phone Number: +47 57 99 00 00

Email: norec@norec.no

Website: www.norec.no

Visit norec.no

Social Media

Facebook: facebook.com/norecno

Instagram: instagram.com/norecno

X: x.com/norecno

LinkedIn: linkedin.com/company/norec

