

A healthcare worker, likely a nurse, is the central figure. She is wearing a white uniform with green epaulettes and a white hijab. She is holding a clipboard and looking down at it. In the background, several patients are lying on beds, some covered with colorful patterned cloths. Medical equipment, including a monitor, is visible in the background. The setting appears to be a hospital ward.

NOREC EXCHANGE PROJECTS IN TANZANIA

Updated August 2024

NOR^ÆC NORWEGIAN AGENCY FOR
EXCHANGE COOPERATION



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Photographs

All the images portrayed are real people working in a Norec project and their colleagues from all over the world. Consent has been granted to Norec to use these images to visualise our exchange projects and their effect.

For more information regarding specific photographs or any other content in this pamphlet, contact norec@norec.no

About Norec

The Norwegian Agency for Exchange Cooperation (Norec) is Norway's only competence centre for international exchange. As an executive body under the Norwegian Ministry of Foreign Affairs, we are a key part of Norway's integrated approach to achieving the UN's sustainable development goals.

Grant Management

Norec's uniqueness lies in supporting work exchanges that provide global learning opportunities for staff and organisations. With a grant for a Norec exchange project, workplaces send employees and volunteers on exchange to another country.

As of 2024, Norec also administers the grant Democracy Through Partnerships, which supports Norwegian political parties and their youth wings in their work to promote democracy globally.

The UN and World Bank

Norec coordinates recruitment of Norwegian citizens to positions funded by the Norwegian government at the UN and the World Bank. This includes positions as Junior Professional Officers and United Nations Volunteers, as well as other secondments. We are currently funding around 40 Norwegian citizens working for various UN agencies, the World Bank and the Asian Bank on all continents. Norec conducts pre-deployment trainings and follows up the secondees throughout their contracts, with an overall goal of increasing the number of Norwegian citizens in international organisations.

Training and Learning

Norec has an interdisciplinary team of trainers. They facilitate learning for staff and partnerships that work internationally. Yearly, Norec arranges between 35-40 courses with over a thousand participants. Norec's courses are interactive and inclusive in order to accommodate people from diverse and multicultural backgrounds.

Building Knowledge

In addition, Norec conducts action-based research to expand and build knowledge in the field of international work exchanges. Multi-method data collections are regularly carried out to inform and improve our trainings and programmes.

As a centre of competence, we strive to build and expand knowledge on how to conduct successful work exchanges – and how to build strong global partnerships.

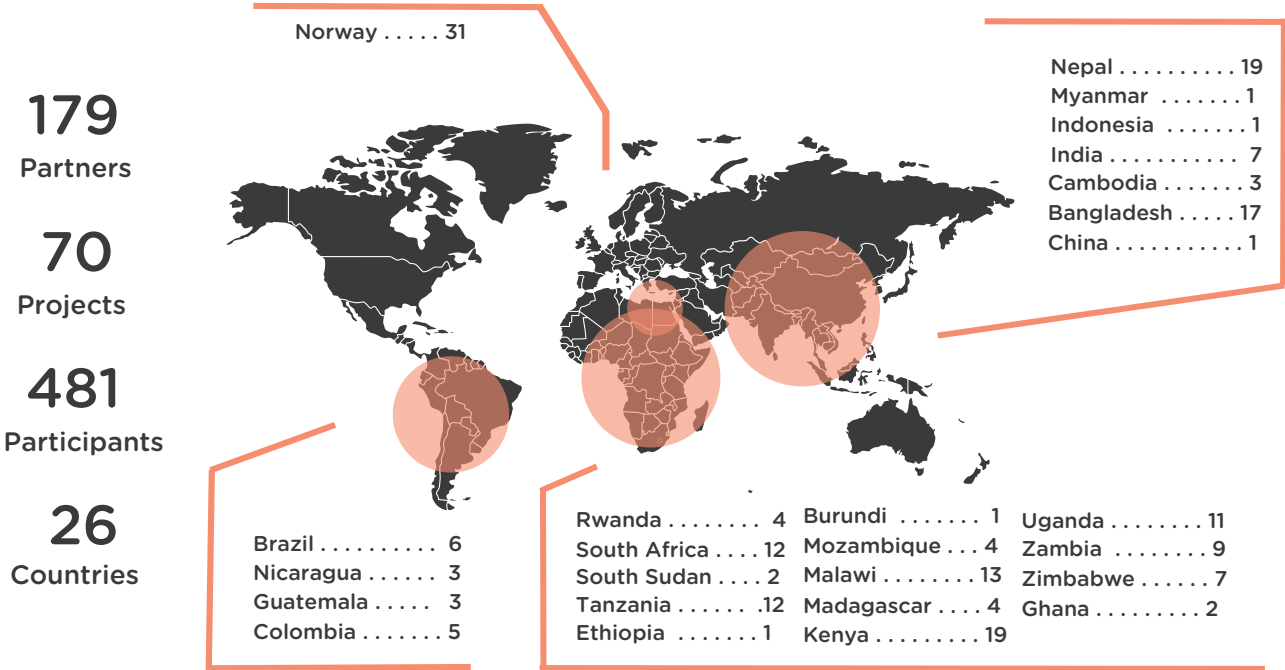
Norec exchange projects

Yearly, over 175 organisations send their staff to work abroad to learn from partners in other countries, creating new or stronger partnerships through practical experience in different contexts and specialisations.

Norec is founded on the principle that collaboration is essential for addressing global challenges. Whether the partnerships are formed with like-minded or different organisations, they strengthen international alliances and work to reach the UN's sustainable development goals.

The majority of the staff that travel abroad in Norec supported projects, gain valuable work experience. Learning and skill transfer gives exchanged project staff professional growth, which upon their return, contributes to their organisations' efficiency and innovation. Over time, the skills and learning are transferred between those that have been on an exchange, the new staff received on job-exchange and the institutions' staff as a whole. This process also promotes organisational and community advancement.

Norec emphasizes the importance of bridging power imbalances and fostering international relationships as essential strategies for solving global issues. It fosters a sense of unity and shared purpose among diverse groups, laying the groundwork for long-term cooperation and mutual benefits. Through a Norec exchange project, organisations gain the expertise needed to achieve their objectives and push for impactful changes, showcasing Norec's dedication to cross-cultural cooperation in global problem-solving.



Former Norec exchanged staff Jeromnie and her story

Jeromnie Akinyi Obwar grew up in an informal settlement in Kisumu, Kenya. She says this about her work exchange to Norway: “That is when I had my self-identity for the first time. I knew who I was. I knew the potentials that I had.”

Upon returning, she volunteered to inform young people about sexual health rights: “We realised that there was something going wrong in our community. The community members could not reach the higher people. We became the ladder for them to use.”

Jeromnie was selected into the Health Management Committee: “that to me is so big. I can meet with those people. I can now influence change directly.”



Partner Youth Alive! Kenya (YAK) and achievements

Staff from Youth Alive! Kenya learnt how to conduct action research while on exchange with Youth Empowerment Transformation Trust in Zimbabwe. YAK applied this method to map the situation for youth in Kenya. A report was compiled, which highlights the gaps in current policies as well as youths' views of what should to be done differently. YAK used the findings to draw attention to the need for change in the electoral process to bring young people out of voter apathy and into politics. The government used key findings from the report to inform governmental youth-focused outreach programmes.



The Norec Network — a resource bank

Since we started in 1963, Norec has supported the exchange of more than 13 000 staff and volunteers between different organisations. These individuals are a resource we want to continue to support. Therefore, we launched the Norec Network in 2023.

We enable the members of Norec Network to share knowledge and expertise, expand their professional network and join physical and digital network activities, and this way, we help keep their engagement going even after their exchange period has ended.

This network works as a resource bank for Norec, where we can gather advice and input from the members. They have helped with facilitation, logistics and interpretation for trainings we have conducted in their home countries.

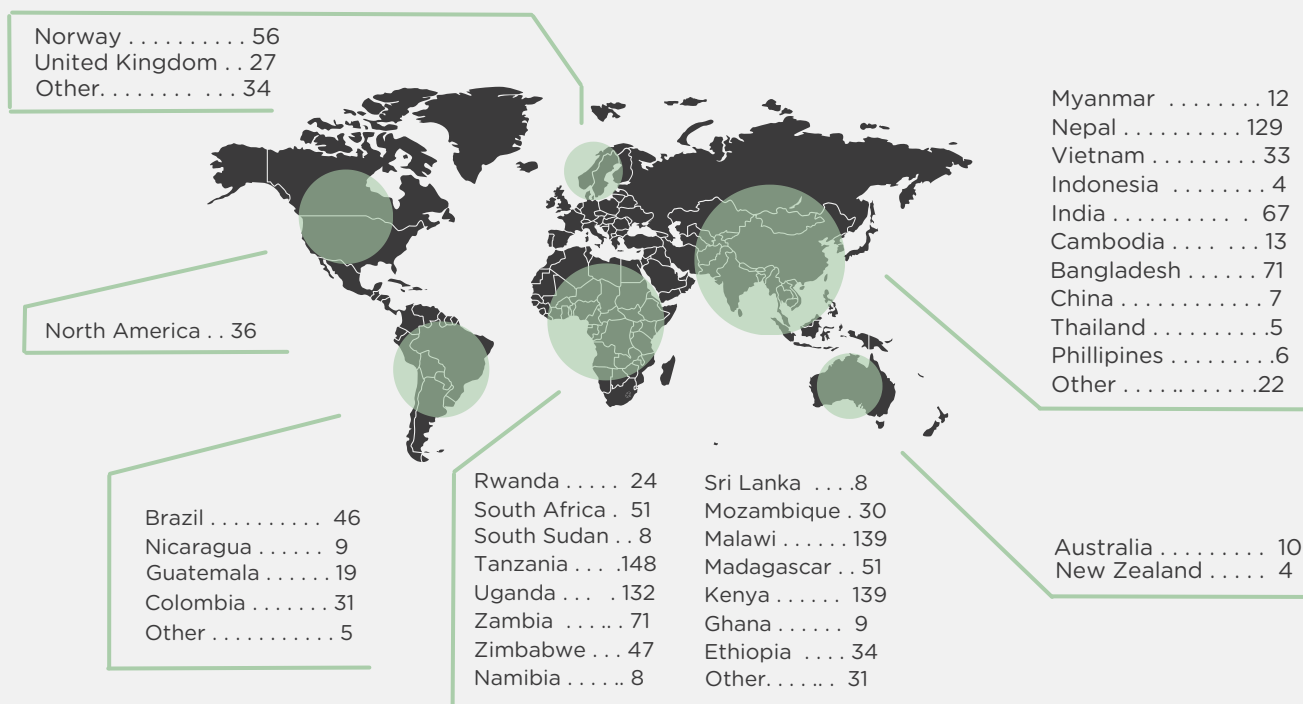
The Norec Network is available for the Norwegian Ministry of Foreign Affairs and associated embassies to utilise as a resource.

If you wish to get further information on how you can utilise this resource, or have any questions related to the network, please contact training@norec.no.

**Norec Network members
as of april 2024**

1,638

Home countries of members of Norec Network as of 2024





Overview

Norec exchange projects in Tanzania

The numbers

Total grants to organisations in Norec exchange projects

The 10 projects with Norec support in Tanzania, received funds totaling 1,46 million USD in 2023.

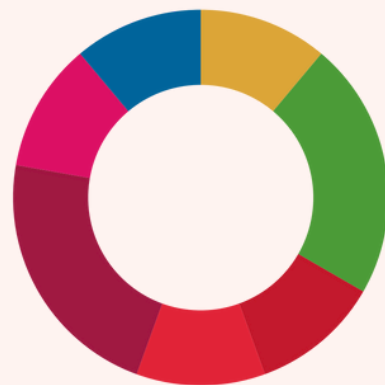
Out of the 10 projects in Tanzania, 5 are with civil society organisations (CSOs) and 2 are within the private sector and with institutions in the public sector.

\$1,46 M

Our projects and their Sustainable Development Goals (SDGs)

All Norec projects promote sustainability goal 17, both by strengthening the tools and methods used to achieve results, and by supporting new global partnerships for sustainable development.

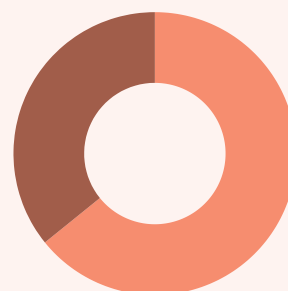
In Tanzania, the most prevalent sustainable development goal is number 3 Good Health and Well-Being, and goal 8 Decent Work and Economic Growth.



- 2 Zero Hunger
- 3 Good Health and Well-Being
- 4 Quality Education
- 5 Gender Equality
- 8 Decent Work and Economic Growth
- 10 Reduced Inequalities
- 16 Peace, Justice and Strong Institutions

Norec staff and volunteers from and in Tanzania

There are 67 staff members from or in Tanzania, receiving Norec support. 43 of them are Tanzanian working abroad in a Norec exchange project, while 24 are Norec staff from other countries working in Tanzania in 2024.



Organisations have partners in the following countries

In a partnership supported by Norec, organisations, public institutions and private business from over 25 countries cooperate to promote the Sustainable Development Goals.

For the projects with Tanzanian partners, the collaborating organisations are spread over the countries listed to the right.

Bangladesh
Burundi
Ethiopia
Ghana
Kenya
Madagascar
Malawi

Nepal
Norway
Rwanda
South Africa
South Sudan
Uganda
Zambia
Zimbabwe

Exchange projects

Innovate4FoodSecurity

DAC Sub Sector

25030 Business development services

Sustainable Development Goal

8. Decent Work and Economic Growth

The Innovate4FoodSecurity initiative, by StartHub Africa in Uganda and Ennovate Ventures in Tanzania, focuses on empowering over thousand youths with entrepreneurial skills to tackle food security challenges worsened by climate change. Through enhancing their roles in the agricultural value chain, the project aims to improve productivity and sustainability in the face of malnutrition, low yields, and climate adversities. This targeted support seeks to transform young entrepreneurs into key drivers of agricultural innovation and resilience.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$25002,6	12	2024	2025

PROJECT ORGANISATIONS AND INSTITUTIONS

- Ignite Africa Ltd.
- Starthub Africa

COUNTRIES

- Tanzania
- Uganda

138502A Small Producers Development and Transporters Association (SPRODETA) 2023-2025

DAC SUB SECTOR

11230 Basic life skills for youth and adults

SUSTAINABLE DEVELOPMENT GOAL

2. ZERO HUNGER

The partners empower and improve the economic self-sufficiency of young socio-economically marginalised women. The exchange participants work with income generating activities, training and education, while also sharing knowledge of vocational skills training and climate smart agricultural technologies.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$46000	12	2022	2025

PROJECT ORGANISATIONS AND INSTITUTIONS

- Small Producers Development and Transporters Association (SPRODETA)
- Shalom Development Organization

COUNTRIES

- Malawi
- Tanzania



CHANGE 2022-2025

DAC Sub Sector

15160 Human rights

Sustainable Development Goal

10. Reduced Inequalities

This long-term project aims at strengthening youth programmes in Norway, Tanzania and South Africa. The partners wants to impact the levels of social inclusion of youth and young adults, gender justice and entrepreneurship in the partner organisations.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$1459326	71	2022	2025

PROJECT ORGANISATIONS AND INSTITUTIONS

- KFUK-KFUM Norge
- South African National Council of YMCAs
- Ilula YWCA/Ilula Orphan Program

COUNTRIES

- Norway
- South Africa
- Tanzania

Exchange project for improved treatment for patients in internal medicine, paediatrics, psychiatry

DAC Sub Sector

12191 Medical services

Sustainable Development Goal

3. Good Health and Well-Being

The project aims to improve treatment of patients with tropical diseases, reduce mortality related to cardiovascular and cerebrovascular events, improve nephrology (kidney) services, improve treatment of sick children, and to increase staff skills on how to meet and treat patients with mental disorders.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$1235956,2	30	2022	2025

PROJECT ORGANISATIONS AND INSTITUTIONS

- Helse Bergen HF
- Mnazi Mmoja Hospital

COUNTRIES

- Norway
- Zanzibar, Tanzania



Children with disabilities & UN rights conventions

DAC Sub Sector

11130 Teacher training

Sustainable Development Goal

4. Quality Education

The project is working with challenges facing children with disabilities in Tanzania and Norway: Access to education, low level of knowledge about their rights in society, and also a lack of knowledge about how to include children with disabilities in education. The partners will use this project to implement the Convention of the Right of the Child (CRC) and the Convention on the Rights of Persons with Disabilities (CRPD) in schools in the respective countries.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$1239363,4	80	2022	2024

PROJECT ORGANISATIONS AND INSTITUTIONS

- Høgskulen på Vestlandet - institutt for velferd og deltaking
- Høgskolen i Molde
- Patandi Teachers' College of special needs education (PATCO)
- The Open University of Tanzania (OUT)

COUNTRIES

- Norway
- Tanzania

Strengthening the partnership for youth access to life skill based SRHR

DAC Sub Sector

15160 Human rights

Sustainable Development Goal

3. Good Health and Well-Being

The project addresses young people's rights to and need for life skills education related to Sexual Reproductive Health Rights (SRHR) and the Sustainable Development Goals (SDGs). Through the exchange of skilled personnel, the partnership will develop tools and mechanisms to empower youth to take action in their own lives and claim their rights.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$2501616,3	48	2021	2026

PROJECT ORGANISATIONS AND INSTITUTIONS

- YMCA of Ethiopia
- YWCA Kenya
- Stiftelsen Amatheia
- KFUK-KFUM Global
- YWCA South-Sudan
- KFUK-KFUM Global South Sudan (Y Global South Sudan)
- Youth Peace Makers - Tanzania

COUNTRIES

- Ethiopia
- Kenya
- Norway
- South Sudan
- Tanzania

Entrepreneurial advancement in Agriculture, Blue Economy and Renewable Energy in East Africa

DAC Sub Sector

**25030
Business
development
services**

**Sustainable
Development
Goal**

**8. Decent
Work and
Economic
Growth**

This initiative focuses on helping startups in Agriculture, Renewable Energy, and the Blue Economy in Kenya and Tanzania by making it easier for them to get funding, find market opportunities, and connect with international networks. It aims to strengthen the support system, improve entrepreneurial skills, and encourage sharing knowledge and working together to build sustainable businesses that help everyone in East Africa. The project includes making Techbridge and MTI better at helping startups grow and manage their businesses, while UiA wants to share its knowledge of entrepreneurship with a wider audience.

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$50900	18	2024	2026

PROJECT ORGANISATIONS AND INSTITUTIONS

- Techbridge Invest Africa Limited
- Universitetet i Agder
- MTI Investment Ltd Tanzania

COUNTRIES

- Kenya
- Norway
- Tanzania

Act Now

This project aims to get youth involved in civil society and in their communities to fight against injustice and reduce poverty. The partnerships will enable youth to make a difference and have an impact. Their method is to work with civil society organisations to promote youth participation and leadership.

DAC Sub Sector

**15150
Democratic
participation
and civil
society**

**Sustainable
Development
Goal**

**16. Peace,
Justice and
Strong
Institutions**

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$2343792	22	2022	2027

PROJECT ORGANISATIONS AND INSTITUTIONS

- Agro-Forestry, Basic Health and Cooperatives (ABC Nepal)
- Group of Helping Hands (SAHAS) Nepal
- Strømmestiftelsen
- Organization for Community Development (OCODE)
- Community Empowerment for Rural Development (CEFORD)
- CBS Pewosa

COUNTRIES

- Nepal
- Norway
- Tanzania
- Uganda

The YESS Girls Movement

The project aims to aim to create an empowering environment for young women, where young women will be leading, raising their voices and making a difference on issues important to them at local, national, regional and global levels. The project exchanges both professional staff and volunteers.

DAC Sub Sector

15170 Women's
equality
organizations
and institutions

Sustainable
Development
Goal

5. Gender
Equality

PROJECT KEY FACTS

Estimated total grant	Total staff and volunteers	Project start	Project end
\$550360,6	240	2021	2026

PROJECT ORGANISATIONS AND INSTITUTIONS

- Bangladesh Girl Guide Association
- Burundi Girl Guides Association (BGGA)
- Ghana Girl Guides Association
- Kenya Girl Guides Association (KGGA)
- Fanilon'i Madagasikara
- Mpanazava Eto Madagasikara
- Malawi Girl Guides Association (MAGA)
- Nepal Scouts
- Rwanda Girl Guides Association
- Tanzania Girl Guides Association
- Uganda Girl Guides Association (UGGA)
- The World Association of Girls Guides and Girls Scouts (WAGGGS)
- Zambia Girl Guides Association
- Zimbabwe Girl Guides Association

COUNTRIES

- Bangladesh
- Burundi
- Ghana
- Kenya
- Madagascar
- Malawi
- Nepal
- Rwanda
- Tanzania
- Uganda
- Uganda
- Zambia
- Zimbabwe





Norec partners

Organisation	City	Contact person	E-mail	Start End
Ignite Africa Ltd.	Dar es Salaam	Joseph Mwanyika	info@ennovateventures.com	2024 2025
Ilula YWCA/Ilula Orphan Program	Mazombe	Lynn Christine Gregory Isote	post@ioptanzania.org	2022 2025
Mnazi Mmoja Hospital	Zanzibar	Salama Kassim Khamis	salamammh@gmail.com	2022 2025
MTI Investment Ltd Tanzania	Daar Es Salaam	Pontus Engström		2024 2026
Organization for Community Development (OCODE)	Dar es Salam	Margareth Kihulla	info@ocode.or.tz	2022 2027
Patandi Teachers' College of special needs education (PATCO)	Arusha	Lea Daniel Makundi	patanditc@gmail.com	2022 2024
Shalom Development Organization	Mbeya	Anthony Angomwile Kisengo	shalommby@yahoo.com	2022 2025
Tanzania Girl Guides Association	Dar es Salaam	Valentina Gonza	tgga@tgga.or.tz	2021 2026
The Open University of Tanzania (OUT)	Dar es Salaam	Sipha Shaaban	vc@out.ac.tz	2022 2024
Youth Peace Makers - Tanzania	Lushoto	Godfrey Walalaze	youthpeacemakers@gmail.com	2021 2026

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